

Creating a culture of health



Register your account: https://app.chcw.com



PHASE 1

- Complete your Health
 Risk Assessment Survey
- Schedule your Biometric Appointment



- Attend your Biometric
 Screening by Feb. 28
- Complete Health
 Coaching by Oct. 31
 (if applicable)



PHASE 2

• Earn your points! For maximum insurance savings: 100 for single individual / 150 for couple.



Log in to the CHC App and review your status by September. The deadline to complete is October 31.



